



PATIENT EDUCATION

Upper Endoscopy

Your upper endoscopy is scheduled for:

Date _____

with Dr. _____

Register at Patient Registration at (time)

_____ the day of your procedure.

Call immediately if you cannot keep this appointment or have questions.

Your procedure is scheduled in:

- Eau Claire, Luther Campus, Luther Bldg
1221 Whipple St., Eau Claire (*park in the parking ramp*) – 715-838-6020
- Barron – 715-537-3186
- Bloomer – 715-568-6845
- Rice Lake – 715-236-8515

Please note the location/building for your procedure. Ask for directions at the Information Desk. Call if you have any questions or concerns. Check with your insurance company before your procedure to clarify coverage.

Preparing for Your Procedure

For upper endoscopy scheduled before noon:

- Do not eat, drink, smoke or chew anything after midnight and until the procedure is completed.

For upper endoscopy scheduled after noon:

- You may have clear liquids up to six hours

before the procedure, then nothing to eat, drink, smoke or chew until the time of the procedure.

It is important to take your regular medication the morning of the procedure, unless you have been instructed otherwise.

Upper Endoscopy — Medication Directions for Patients with Diabetes

Day Before Procedure

For patients taking the following insulins: Humalog, Novolog, Apidra, Regular, NPH or any of the premixed insulins: If you dose your insulin as units per carbohydrate, take your usual dose. Otherwise, take half your usual dose in the evening.

If you take Lantus or Levemir insulin or use insulin pump: Take full dose of Lantus or Levemir. If on insulin pump, continue basal rate.

Day of Your Procedure

For patients taking oral diabetes medicines and/or exenatide (Byetta), liraglutide (Victoza) or pramlintide (Symlin): Do not take before your procedure. In the evening, if you are eating, take normal dose of diabetes medicine.

For patients taking the following insulins: Humalog, Novolog, Apidra, Regular, NPH or any of the premixed insulins: Check your blood glucose. DO NOT take morning dose. In the evening, if you are eating, take your normal dose of insulin.

If you take Lantus or Levemir insulin or use insulin pump: Take full dose of Lantus or Levemir. If on insulin pump, continue basal rate.

If you check your blood glucose daily, check it more often the day before and the day of your procedure, at least every four to six hours.

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