The Geriatric Consultation Clinic can help with:

- Chronic, many times incurable, health conditions
- Risk for falls
- Increased frailty
- Nutrition and weight loss concerns
- Pain
- Dementia/Memory loss
- Depression/Anxiety
- Decline in mobility
- Driving challenges
- Medication issues and concerns
- Concerns about making the transition from home to entering a nursing home or assisted living facility

Our goal is to provide comprehensive services for today’s seniors to help them achieve and maintain a high quality of life as they age.

Geriatric Consultation Clinic
331 South Main St., Suite H
Rice Lake, WI 54868
715-236-8500
Mayo Clinic Health System is dedicated to providing medical services to meet the health care needs of our growing senior population.

We specialize in helping older adults live healthy, productive lives by improving their function, independence, well-being, comfort and quality of life. We assist our patients with achieving their objectives as they age. If that is not possible, we can help patients and their families develop new goals that can be achieved in a dignified and respectful manner.

We offer a broad range of comprehensive geriatric assessments. With the elderly population, there is a strong and complex interdependency of multiple medical, nutritional, psychological, spiritual and social issues that are important in overall health and care of the patients.

To assist in addressing the unique needs of the growing senior population, Mayo Clinic Health System has opened a Geriatric Consultation Clinic.

**Geriatric Consultation Clinic**

Specially trained geriatric providers will offer care with the goals of creating advance care plans, promoting safety and independence, and making connections with helpful resources.

**Initial Appointment**

This first appointment is approximately two hours in length. You will have the chance to meet with a geriatric medical provider, social worker and physical therapist. We encourage family members to attend. An assessment is conducted to evaluate physical health, safety, cognitive status and emotional well-being.

The geriatric medical provider addresses physical and medical concerns, reviews medications and completes cognitive screenings.

The social worker reviews the living environment, advanced care plans, financial concerns and functional needs, as well as begins discussion of identified caregiver concerns.

The physical therapist completes brief screenings for balance, mobility and safety, and offers suggestions for adaptive equipment, if needed.

This is an opportunity for patients and families to have their care and caregiver questions addressed at one visit.

At the end of this appointment, you will have a list of suggestions, recommendations and information to use to meet your overall care goals. Follow-up appointments with providers and community resources will be arranged as needed.

**Follow-up Services**

Follow-up appointments often are needed to fully address the questions that are identified at the initial appointment. Staff at the Geriatric Consultation Clinic will continue to assist and assess ongoing needs on an individual basis. Home visits by medical providers and the social worker also are an option. Specific referrals and arrangements for services can be made, including home safety evaluations, outpatient therapy services, audiology screenings and home care services.

**Caregiver Support**

In many situations, we recognize family members may have questions about their loved one’s diagnosis and care needs. We encourage family members to come to the appointments so education and resource options can be discussed. We know caregiving can be a significant responsibility. Asking for, and accepting, help is important to coping with caregiver demands. Building a support system and making self-care a priority can greatly reduce stress.