

Clinical Research and You



Clinical Research

Clinical research involves patient-focused studies that can lead to new ways to detect, treat, prevent and control disease. Clinical research studies help to advance our understanding of medical conditions such as cancer, heart disease or stroke. They may lead to new discoveries that can improve the quality of our lives and the lives of future generations.

Types of Clinical Research Studies

Clinical research studies attempt to answer questions relating to the treatment and understanding of diseases and health problems affecting specific individuals and populations. Types of clinical research studies include:

- Prevention
- Screening
- Diagnostic
- Treatment
- Genetic
- Quality of life
- Medical record or chart review



Working Together

Mayo Clinic Health System collaborates with Mayo Clinic researchers to provide high-quality care to our patients.

Getting Involved

There are many ways to be involved in clinical research at Mayo Clinic Health System. Talk to your physician or health care provider about your interest. He or she can describe any research options available to you or put you in contact with other research professionals who can answer your questions.

If you would like information on ways to support clinical research at Mayo Clinic Health System, please call the Development Department at 715-838-3219.

If you would like more information on clinical research opportunities occurring at Mayo Clinic Health System, please call the Clinical Research Department at 715-838-6356.

Ethics and Safety

All clinical research conducted at Mayo Clinic Health System is reviewed by the Institutional Review Board (IRB). The IRB is a group of people that reviews clinical research studies to ensure the protection of the rights, privacy and welfare of all people participating in research at Mayo Clinic Health System. Mayo Clinic Health System complies with federal rules to ensure clinical research is done in a safe and ethical manner.