Medical Experience Program

Providing medical experiences to high school students who are considering careers as physicians.
The Medical Experience Program at Mayo Clinic Health System provides high school students the opportunity to spend one-on-one time job shadowing physicians who practice in a variety of specialties.

Students who are accepted to the program will spend eight, four-hour shifts (32 hours) job shadowing physicians in a clinic setting during the summer.

To be considered for the Medical Experience Program, students must:

Volunteer a minimum of 30 hours at Mayo Clinic Health System. The volunteer hours should be completed during the freshman, sophomore or junior years of high school. To begin the process of becoming a volunteer:

- Complete the online volunteer application at mayoclinichealthsystem.org
- Participate in an interview
- Attend volunteer orientation

Complete an application form. To apply for the program, students must:

- Have completed at least 20 of the 30 hours of required volunteer hours; remaining hours may be completed after the application deadline but before beginning the Medical Experience Program
- Be at least 16 years old
- Be in their junior or senior year of high school
- Be seriously considering a career as a physician

The application process includes:

- Completing an application form
- Writing an essay
- Submitting letters of reference

Once accepted to the program, students will be required to attend a two-hour orientation meeting. Job shadowing with physicians will take place during the summer after they complete their junior or senior year of high school. The program will close with a graduation program.

For more information about the Medical Experience Program, contact a high school counselor or call Becky Bieno at Mayo Clinic Health System at 715-838-6548 or bieno.becky@mayo.edu.